

SEW AND FLIP PLACEMATS

Contents of kit:

Focus print fabric (for backing) 12" x 18"

Batting 12" x 18"

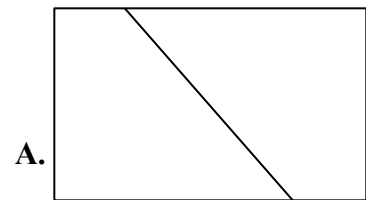
Pre-cut strips of coordinating fabric, 2 1/2" wide:

For horizontal strips - 16", 14", 12", 11", 9", 7"

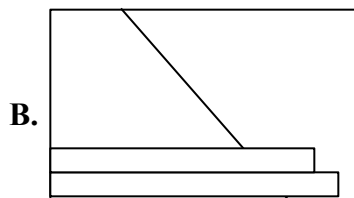
For diagonal strips - 20", 19", 16", 11", 7", 3"

To assemble:

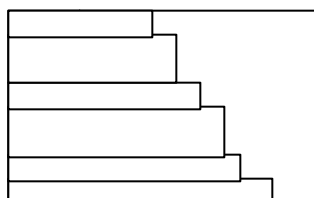
1. On batting rectangle mark a point 4" in from the top left corner, and another point 4" in from the bottom right corner and lightly draw a line between the two using a water erasable marker or chalk. (See illustration A.)



2. Sew and flip the horizontal strips starting from the bottom, as follows.
Place the 16" strip, right side up, across the bottom of the batting, extending just a little beyond the left and bottom edge, and with the right edge extending beyond the drawn diagonal line.
Place the 14" strip, right side down, on top of the first strip, aligning the top edge, again allowing the right edge to extend beyond the diagonal line. Stitch the top edge in a 1/4" seam from the left edge to just beyond the drawn diagonal line.
Flip the top strip up and finger press the seam **DO NOT IRON POLYESTER BATTING!!** (See illustration B.)



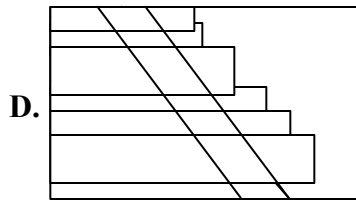
Continue to add the four remaining horizontal strips in the same manner to fill the left half of the rectangle, making sure to finger press and keep strips flat to prevent bubbling. Try not to stretch the batting as you piece. (See illustration C.)



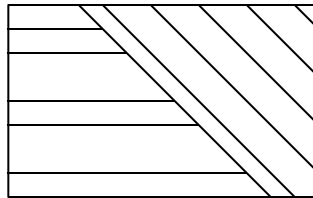
C.

3. Sew and flip the diagonal strips, starting from the drawn diagonal line, as follows:

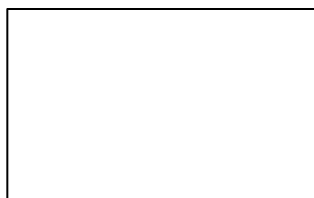
Place the 20" strip right side down, with the top edge lined up with the diagonal drawn line (match with the points drawn on the edges of the batting, as the actual line will be covered by the horizontal strips.)
(See illustration D.)



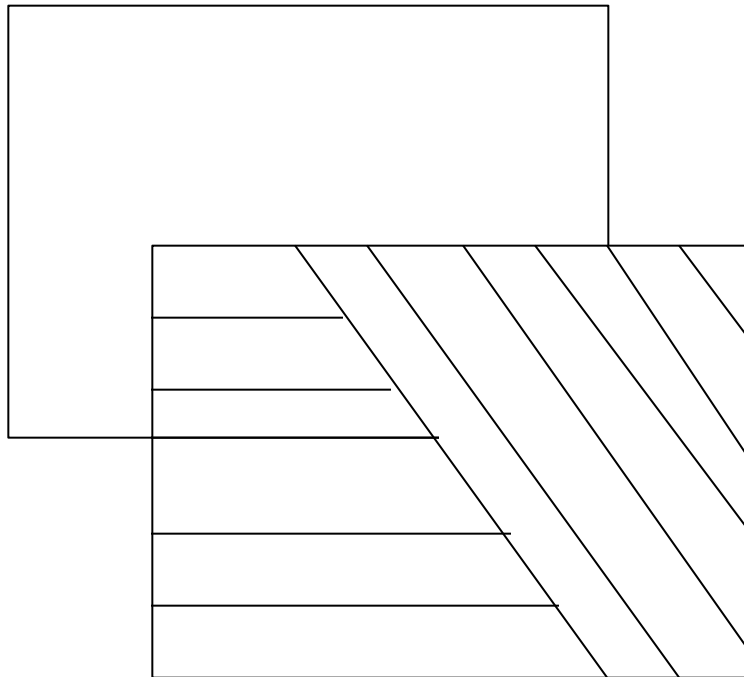
Stitch seam $\frac{1}{4}$ " from the top edge of the diagonal strip (i.e $\frac{1}{4}$ " to the left of the diagonal line) Then flip so that right side of fabric is up. Finger press the seam. Place the 19" strip right side down on top of the first diagonal, aligning the top edges, and stitch in $\frac{1}{4}$ " seam. Flip and press. Continue diagonal strips up to the top right corner, keeping fabric and batting flat.



4. Square up the corners to make a rectangle that is approximately 12" x 18". Place the 12"x18" rectangle of the focus fabric with the right side facing the right side of the pieced assembly. (This is important so that when you turn it, the batting is on the *inside*.) Stitch in a $\frac{1}{4}$ " seam around all four edges, leaving about 3-4" open for turning. Trim the batting at the corners to avoid lumpiness when turned.



5. Turn the “envelope” right side out and finger press the seams flat. Push out corners with a chopstick or other narrow, rounded end instrument. Turn in the open edges $\frac{1}{4}$ ” and blind stitch closed, by hand.
5. Top stitch $\frac{1}{4}$ ” to $\frac{3}{8}$ ” from the edge to create the look of a binding (this method eliminates the need for a separate binding.)
6. Machine quilt lightly to hold all layers together. Meandering / free motion quilting or stitch-in-the-ditch of the pieced strips are some suggestions.



HAVE FUN MAKING THESE MATS !!